



POST TOK

Internal NEWSLETTER for POST PNG Employees

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EMPLOYEE AWARD for DECEMBER 2009



Ms Tilley Rere left, is the winner of the Employee of the Month Award for December 2009. She is currently the Supervisor of IPS Light in Track Trace section based in Lae Post Office. Tilley joined Post PNG on 5th January 2006 and to-date, she has worked for the company for almost four (4) Years now.

Tilley's View of Life: "Life is always good as it brings with it all exciting things which allows me to wake up daily looking forward to a very rewarding day at work."

Why Tilley was selected as the Winner:

Tilley is handicap of ITC knowledge especially with description of ITC equipment of Cisco switch and Router. With simple and clear instruction from ITC over the CUG mobile phone, she was able to help ITC restore some of the PC Network connections for IPS Light usage. She also installed a PC in Server Room and connected with two network cables to the switch 2950. She also made Power On PC with connections to the UPS for the Network Consultant to logon to this PC.

Tilley has also been noted and commended for her continuous high level performance. Well done!

Congratulation Tilley and keep up the excellent effort.

From the Management

PRICES FOR REGULATED POSTAL SERVICES

Prices for regulated Postal Services listed below have been approved by ICCC to be effective 1st January 2010

Private Letter Boxes	
• Small Private Letter Box	K85.00
• Medium Private Letter Box	K216.50
• Large Private Letter Box	K569.50
Domestic Mail	
• 50 Grams Domestic Letter	K1.00
International Mail 50 Gram Letter	
• Zone 1 eg. Australia/Solomon	K4.65
• Zone 2 eg. NZ/Philippines	K4.65
• Zone 3 eg. Singapore/Hong Kong/ Japan/USA/Europe	K6.30

HEALTHY LIVING

Diabetes: Heart Disease and Stroke

Did you know?.. Most people with diabetes have health problems -- or risk factors -- such as high blood pressure and cholesterol that increase one's risk for heart disease and stroke. When combined with diabetes, these risk factors add up to big trouble. In fact, more than 65% of people with diabetes die from heart disease or stroke. With diabetes, heart attacks occur earlier in life and often result in death. By managing diabetes, high blood pressure and cholesterol, people with diabetes can reduce their risk.

Nearly all people with diabetes have abnormal cholesterol levels which contribute to their increased risk for heart attack and stroke. By choosing foods wisely, increasing physical activity and taking medications, you can improve your cholesterol.

QUIZ OF THE MONTH

What was the former name of Misima Post Office?

Answer: Next Issue

Answer for Nov'09

Quiz: PostOffices/
Agencies in Milne Bay
Province are; Alotau,
Samarai & Misima

JOKE OF THE MONTH

Kanage complained to the police: 'Sir, all items are missing, except the TV in my house..'

Police: 'How the thief did not take TV?'

Kanage: 'I was watching TV news...'

RIDDLE

I have a little house in which I live all alone. It has no doors or windows, and if I want to go out I must break through the wall.

Who am I?

Answer
Next Post Edition

THOUGHT OF THE MONTH

"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful".

Albert Schweitzer

We have an exciting few months ahead of us at Post PNG with our Financial Services Products.

Building on the success of the SMK Automation we are looking to introduce a new product called PostPAY. As you can, it will have an eye catching new logo.

PostPAY primarily allows our customers to pay for their bills at the Post Office. We are talking with many organizations today. Watch this space for the latest news.



New PostPay Logo

DECEMBER'09 NEW STAMP ISSUE

Traditional Dance of PNG..

As regarded by every tribe, Sing Sing (dancing) is a time of joy when both dancers and spectators alike come to relax and regenerate mentally from all devastating forces of life. Dancing is not a frequent occurrence. They are seldom held to purposely compensate tribesmen for their loyalty to the chief or head-man after laborious periods of gardening, tribal conflicts or other tribal engagements.

Dancing is all gesture representation. To depict a certain subject in a dance performance, dancers, as much as possible, completely forget their nature and come to an imaginary state of mind (similar to that of the subject replicated) where they freely express the common gesture of the subject at focus.

During these performance, the thought and feelings of the dancer combine to compose motions executed, thus, sending waves of trill to the spectators. The spectators in-turn express emotions of glee to as much as how they perceive it. Different topics create different trill waves. Most are very emotional.

Traditional dances are categorized by gestures of subjects and events replicated in the performances. One such category is romance. Romantic dances, just like other dance, are composed to commemorate an occurrence within the tribe or that of a Chieftain or Sherman.

Some dance occasions take place after the tribal fights where two or more tribes are involved. These gatherings are seen as avenues of reconciliation. As a norm of life, it's business as usual for all parties after these gatherings.

The amazing thing is the ability for the tribes to reconcile especially after fierce fighting. Hate surely is not the motivating factor as one can see, it's the spur-of-the-moment anger for loss of possession or injustice seen that drives them. Therefore romantic dances performed during these occasions are seen as cushions to the process.

Of all the other traditional dance categories to come, the Post PNG Philatelic Bureau has decided to feature Romantic Dances as its last postage stamp issue for 2009.

Listed *right* are the stamp sets featuring various tribe performers and their assigned denominations.

Features of Traditional Dance Stamps

Stampset

		K1.00 - Engagement dance Enga Province
		K3.00 - Bride Price Dance Central Province
		K4.65 - Engagement Dance Manus Province
		K6.30 - Trobrian Love dance Milne Bay Province

Sheetlet

		K1.00 - Courtship dance Chimbu Province
		K3.00 - Engagement Dance Enga Province
		K4.65 - Engagement Dance Central Province
		K6.30 - Womanhood Central Province

Souvenir Sheet

		K10.00 - Trobrian Love Dance Milne Bay Province
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Also Available for Sale

		K17 First Day Cover
		